

Contact Tracking Sheet 4-3-2-1

Week of _____

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	4 Phone Calls				
CALL 1					
CALL 2					
CALL 3					
CALL 4					
NOTES					
	3 Handwritten Personal Notes — Mailed today				
NOTE 1					
NOTE 2					
NOTE 3					
	2 New Friends Entered into Database				
FRIEND 1					
FRIEND 2					
ADDRESS CHANGES					
	Face-to-Face Meeting — Lunch, Coffee, etc.				
MEETING 1					

